

***Gentle and Lowly***  
**Study Guide**  
**Lesson 2**

***“We do not have a high priest who is unable to sympathize with our weaknesses”***  
Hebrews 4:15

1. Prior to reading chapter 3, what would you include in a list of what makes Jesus happy?
  
  
  
  
  
  
  
  
  
  
2. Thomas Goodwin wrote, “Christ’s own joy, comfort, happiness, and glory are increased and enlarged by his showing grace and mercy, in pardoning, relieving and comforting His members here on earth.” It is as though instead of our sinfulness and brokenness separating us from Christ, it draws him to us. How do you see that happening?
  
  
  
  
  
  
  
  
  
  
3. In speaking of Christ, the writer of Hebrews says, “who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.” (Heb. 12:2) What is “the joy that was set before him”? (pgs. 39-40)
  
  
  
  
  
  
  
  
  
  
4. Read Hebrews 4:14-16. How does Jesus’ solidarity with us make a difference for you in your faith and everyday life? (pgs. 45-47)

5. Jesus is 100% human and 100% divine. On page 47 the author points to his humanity. Does this description line up with your image of Jesus? Do you prefer to think of him as more divine or human?
  
6. Consider the pain and anguish you have experienced. How does Christ's presence bring hope in the midst of that? (pg. 48)
  
7. Does Christ's sinlessness make him unrelatable? (Consider C.S. Lewis' point on p. 49.) What difference does this make in your life?
  
8. Does the fact that Jesus deals gently with us in all our sin lead us to repentance or continued sin? What is your response?
  
9. John Owen uses the illustration of a loving father or a nurse toward a crying infant (p. 55). How do you see this applying to our situation?
  
10. What is the difference between fixing your attention on your sin versus fixing your attention on Christ? (pg. 57)