

Gentle and Lowly
Study Guide
Lesson 1

"I am gentle and lowly in heart" Matthew 11:29

1. What is the Biblical understanding of the word "heart?" How does this understanding describe Jesus? (pgs. 18-19)

2. In what ways are the words gentle and lowly used in the New Testament. How does this describe Jesus? (pgs. 19-20)

3. Read Colossians 1:15-20. Given this lofty description of Jesus, how do you respond to his accessibility? (pg. 20)

4. Is Jesus "gentle and lowly" to everyone? What about judgement and God's wrath? (pg. 21 & 29)

5. Given what a yoke is, what does Jesus mean when he says, "My yoke is easy?" What does he not mean? (pg. 22)

6. Contrast what our culture values in leaders and Jesus describing himself as “gentle and lowly?” What can we learn from Jesus’ character? (pgs. 23-24)

7. How do Jesus’ actions recorded in the Gospels exhibit his compassion? Who is he drawn to? (pgs. 25-27)

8. How have you experienced Jesus' compassion in your own life?

9. How does the way Jesus moves towards those who are sinful, suffering and broken differ from the way we often naturally respond? (pg. 30)

10. How is Jesus’ natural impulse toward sin and suffering different from our typical instinct? What can we learn from his example?

11. In the Old Testament, how was uncleanness viewed and how was it dealt with? How does Jesus deal with our uncleanness? (pgs. 30-31)

12. If a non-Christian asked about Jesus, how would you describe his gentle and lowly character?